



Aud Karin Sund stands with her abstract work entitled "Printemps" which is on display in the new "Spring's In The Air" exhibition at the Ottawa West Arts Association gallery at the Goulbourn Recreation Complex in Stittsville.

John Curry photo

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## Explaining spring in an abstract way

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EMC news - You can't miss it, part of the new "Spring's In The Air" exhibition at the Ottawa West Arts Association's gallery in the foyer of the Goulbourn Recreation Complex in Stittsville. It's large and is a mixture of shapes and colours.

As such, it something that the viewer can interpret in his or her own way. And there's nothing wrong with that, because artist Aud Karin Sund, in creating this artwork entitled "Printemps" followed no pre-conceived plan or idea. That's because she is an intuitive abstract painter who goes with the flow as it were and what happens happens.

In this case, her painting ended up with forms representing red birds, a cocoon and a white branch, all sporting colours that just happened, all in keeping with Aud's intuitive form of painting.

Aud did the painting after

recently returning from a stay in Paris and wanting to create a fresh piece for this latest Ottawa West Arts Association (owaa) exhibition with its spring them.

So, she began what she considers "play time" where she started painting with no pre-conceived idea of where her efforts would lead her. Slowly, though, she says, shapes started to happen and she got in what she terms "the flow."

The red birds appeared and then a cocoon, followed by the white branch which in her view is all about peace in this current world of turmoil.

Feeling something was still missing from the work, she ended up splattering drops of paint on the painting to represent the spring rains.

She added a butterfly in a lower corner of the painting to tie in with the cocoon that is one of the focuses of the painting.

Aud admits that she likes to paint flowers but says that this intuitive approach to painting based on impulses and "flow" is what she really loves to do as it forces her as an artist to take risks.

She is happy with "Printemps."

"This explains spring in an abstract way," she says about the painting.

Aud Karin Sund's "Printemps" is one of the 43 works of art on display at the new "Spring's In The Air" exhibition at the owaa gallery at the Goulbourn Recreation Complex in Stittsville. The exhibition runs through to Friday, May 4. Her website is at [www.audkarinsund.com](http://www.audkarinsund.com)

## Youth spring fashion show

Special to the News

Spring is coming and so are spring fashions.

The latest in spring fashion trends for youth will be on display at an upcoming fashion show which is being held by Stittsville's Youth Connexion.

It will be held on Friday, March 23 starting at 7 p.m. at the Stittsville District Community Centre hall (Johnny Leroux Stittsville Community Arena) in Stittsville.

Admission will be only five dollars per person, with all proceeds from the show going to support the Youth Connexion program and its partner, the Stittsville Youth Association.

Refreshments will be served at the show and all of the clothing modeled by the youth will be auctioned off after the show.